



Do you love the outdoors, but can't find time to enjoy it?

Are you tired of your typical weekend...errands, laundry, kids, cleaning, chores... the same old thing.

**Have We got the Perfect Escape For You!**

This is an opportunity to stretch your wings and try something new and exciting in a setting that encourages comfort and fun in the outdoors. It's like a day camp for grown ups!

Grab your mom, sister, friend or co-worker, or grab all of them. Bring them to this event for a Fun and Exciting day of learning and fellowship.

If you've never attended a Women in the Outdoors event, you're in for a real treat! Come prepared for a fun time, in a relaxed, non-competitive environment.

***For additional info please call:***

Mary Probst  
(570) 748-3339 (home)  
(570) 295-5661 (cell)

Your paid registration includes:

- Choice of 4 expertly instructed classes
- 1-year subscription to the *Women in the Outdoors* Magazine
- Lunch
- Equipment & materials needed for use during classes
- 1-year membership to the Women in the Outdoors (or extension of current membership).

What to bring

- How about bringing your sister, mother, daughter, or friend?
- Note taking materials if you are so inclined and a water bottle.
- Demonstration equipment will be provided, but feel

Mary Probst  
Women in the Outdoors  
1265 Arbutus Drive  
Lock Haven, PA 17745



**Saturday**  
**August 23, 2008**  
**8:00 a.m.—5:30 p.m.**



**Western Clinton**  
**Sportsmen's Association**  
**State Route 120**  
**Hyner, PA**  
**(Clinton County)**

Presented by:  
Women in the Outdoors Committee  
of the Bald Eagle  
Longbeards Chapter,  
National Wild Turkey Federation

**Archery:** Learn about this fast growing sport. Do you want to learn backyard recreation, competitive target shooting, or maybe you want to go bow hunting? You will learn how to select equipment that fits you. There will be lots of hands-on instruction. Experience the thrill of hitting the target!

**ATV Safety:** Try your hand at one of the fastest growing family sports. In this workshop you will be given professional instruction in the safe use of ATVs.

**Backpack Chef:** Gourmet meals from your backpack? Absolutely! Go from basic survival to lightweight, compact yet elegant and decadent dining. Bon Appetite!

**Birdwatching:** A must for beginning birders. Learn the basics of bird identification, field guide and equipment selection. Bring your binoculars for the field session.

**Fishing:** Develop basic skills needed to catch fish: casting, knot tying, lure selection, fish identification, fishing locations, and equipment choice and use.

**Fly Tying:** Arts & Crafts for the angler. Try your hand at making some of our local fishes' favorite meals. If you don't fish, this is a great way to relax and create gifts for those anglers in your family. Your first "wooly bugger" will look awesome on your favorite hat!

**Handguns/Cowboy Action Shooting:** Participants will learn the proper handling of handguns, shooting positions, and basic shooting techniques. There will be plenty of practice time.

**Herbal Pampering:** Learn what's good for you and what isn't. Herbal remedies are gaining popularity in modern medicine. Learn where to shop and what to look for.

**Kayaking:** Learn about the different types of kayaks, basic paddling strokes and boat control as well as safety on the water. You'll have the time to try out your new skills on the lake.

**Mountain Biking/Maintenance:** Learn how to select and ride a mountain bike. Participants will learn which size bike is right for them. Safety and what gear to bring with you will also be included. You will also have the opportunity to take a ride on a trail. **(Please bring your bike along)**

**Outdoor Crafts:** In this class you will learn how to make a garden stepping stone to accent your garden.

**Scuba Diving:** Here's a new class for the event. Yep, scuba diving. This is your opportunity to learn some of the basics needed to pursue your adventure.

**Shotgunning:** You will become familiar with different types of shotguns, ammunition, and proper gun fitting. Time will be spent at the range where you will shoot clay birds.

**Trapping:** Learn about the furbearers of Pennsylvania. This class will include identification, humane trapping standards and devices and equipment placement.

**Wild Flower Identification:** Have you ever wanted to know the name of some of the beautiful flowers you see during your outdoor adventures? This class will provide basic knowledge.

**Winemaking:** Thinking about getting started in winemaking? Considering buying winemaking equipment? Don't... until you take this informative session! We will teach you what you need to know to get set up for the winemaking process.

**Send checks and registration to:**

Mary Probst, 1265 Arbutus Drive, Lock Haven, PA 17745

**Confirmation**

A confirmation letter will be emailed or mailed to you upon receipt of your registration form & workshop fee.

Please plan on arriving between 8:00 and 8:30 a.m. The event will be over at approximately 5:30 p.m.

**Cancellation Policy**

Cancellation date is August 10. If you cancel after the deadline, you will be responsible for the full program fee. You may send a substitute if you cannot attend.

The event *will not* be cancelled due to inclement weather, so please come prepared.

*We will have  
Raffles, Silent & Live Auctions,  
and Door Prizes occurring during the day  
(cash, checks, and credit cards will be accepted  
the day of the event)*

***Silent Auction, Raffles, and Door Prizes***



(Cash, checks, and credit cards will be accepted)

**Participant Registration Form**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_

E-mail Address \_\_\_\_\_

New Member \_\_\_\_\_ Renewal \_\_\_\_\_

WITO Membership Number \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Contact Phone \_\_\_\_\_

Please choose four (4) classes and two (2) alternates.

\_\_\_\_\_ #1 \_\_\_\_\_ #2

\_\_\_\_\_ #3 \_\_\_\_\_ #4

\_\_\_\_\_ Alternate \_\_\_\_\_ Alternate

**Payment Method:**

**Options**

\$40 Early Bird Fee (Must be received by August 1)

\$45 Fee (Received after August 1)

\$25 I can't attend, but want to receive my membership and magazine.

- \$\_\_\_\_\_ check or money order
- \$\_\_\_\_\_ additional class fee
- \$\_\_\_\_\_ TOTAL

Make check payable to: **Bald Eagle Longbeards Chapter,  
Women in the Outdoors**

Charge my credit card number

Exp. Date: \_\_\_\_\_ Card ID Number: \_\_\_\_\_

(The 3-digit number is located on the back of your card, usually at the top of the signature area)

Signature: \_\_\_\_\_

(please bring your credit card along)