



Come be a part of it!

Do you love the outdoors, but can't find time to enjoy it?

Are you tired of your typical weekend...errands, laundry, kids, cleaning, chores... the same old thing.

Have We got the Perfect Escape For You!

This is an opportunity to stretch your wings and try something new and exciting in a setting that encourages comfort and fun in the outdoors. It's like a day camp for grown ups!

Grab your mom, sister, friend or co-worker, or grab all of them. Bring them to this event for a Fun and Exciting day of learning and fellowship.

If you've never attended a Women in the Outdoors event, you're in for a real treat! Come prepared for a fun time, in a relaxed, non-competitive environment.

For additional info please call:

Missy Rohrbaugh (717) 225-3549,
m.rohrbaugh@att.net

Kim Herbst (717) 252-4016, kberly124@aol.com

Jenn Goff, jennhoff@juno.com

Your paid registration includes:

- Choice of 5 expertly instructed classes
- 1-year subscription to the *Women in the Outdoors* Magazine
- Delicious Lunch
- Equipment & materials needed for use during classes
- 1-year membership to the Women in the Outdoors (or extension of current membership).

What to bring

- How about bringing your sister, mother, daughter, or friend?
- Note taking materials if you are so inclined and a water bottle.
- Demonstration equipment will be provided, but feel free to bring your own.

Jenn Goff
Mason Dixon Chapter
Women in the Outdoors Committee
3428 Sonoma Lane
York, PA 17404



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Saturday

July 26, 2008

8:00 a.m.—6:00 p.m.



**Jefferson Sportsman
Association**

**4707 Sportsman Club Road
Spring Grove, PA
(York County)**

Presented by:
Mason Dixon Chapter
National Wild Turkey Federation

Beginner Archery: Learn about this fast growing sport. Do you want to learn backyard recreation, competitive target shooting, or maybe you want to go bow hunting? You will learn how to select equipment that fits you. There will be lots of hands-on instruction. Experience the thrill of hitting the target!

3D Archery: This walk through course is set in the woods and the goal is learning how to judge distance and proper shot placement when shooting competition or bow hunting.

Handguns: Shooting fundamentals and hands-on instruction will be the topic in this class. You will also be able to safely shoot a variety of handguns in your session.

Rifles: Participants will learn proper handling of rifles, shooting position, and basic shooting techniques. We will be shooting .22's, but there will be larger calibers available for you to try. There will be lots of practice time on the range.

Shotgunning: You will become familiar with different types of shotguns, ammunition, and proper gun fit. Expert instructors will take you out on the shooting range and let you shoot clay birds.

Muzzleloading: Peer through a puff of smoke and experience the thrill of delayed discharge! In this introduction to the sport of shooting muzzleloaders, you'll load, shoot, and fire this primitive firearm.

Outdoor Cooking: There's nothing quite like the smell of food cooking in the outdoors. Help prepare recipes for a shore lunch as we learn the art of outdoor cooking.

Flower Pounding: Just like it sounds! We will be pounding flowers against a piece of muslin. The result is a unique piece of artwork that resembles a water coloring.

Bird House/Bat Box: You will be building a bird house/bat box combo that you will be able to take home with you.

Fishing: Line rigging and casting. Learn about the various ways to prepare your line and learn some tips for casting.

Composting: Learn how to make your own compost and the benefits for your garden and when to use it.

Treestand Selection and Location: So you're ready to head out to the woods to bag a deer. Learn what to look for when heading out to place your treestand. You'll also get to see different types of treestands.

Ammo Selection: We will unravel the mystery of those numbers on the side of a box of ammo. What should you look for in ammo to use for hunting? For practice? For competition?

Duck ID: The Game Commission will show you various types of ducks and how to identify the different types while they're in flight.

Edible Wild Plants: Learn about edible wild plants—what to look for when harvesting and preparing them.

Body Flow: This class combines Eastern disciplines like yoga and Tai Chi with dynamic exercises like Pilates. Benefits of this exercise are that you get to know your body better while working out some of the kinks and stresses from everyday life.

Basic Car Care: Worried about being stranded on the highway? Worry no longer. You will learn how to change a flat tire, what's involved in changing your oil, and other key elements vital to basic car maintenance. You don't want to miss this class.

Confirmation

A confirmation letter with directions to Jefferson Sportsman Association will be mailed to you upon receipt of your registration form & workshop fee.

Please arrive between 8:00 and 8:20 a.m. for check-in. The event will be over at approximately 6:00 p.m.

Cancellation Policy

The cancellation deadline is July 16. If you cancel after the deadline, you will be responsible for the full program fee. You may send a substitute if you cannot attend.

Send checks and registration by July 16 to:

Jenn Goff
3428 Sonoma Lane
York, PA 17404

Payment Method: Checks, money orders, and credit cards will be accepted. Make checks payable to **Mason Dixon, WITO**

**During the event, we'll have a Silent Auction,
Raffles, & Door Prizes
(cash, checks, and credit cards will be accepted)**

Mother-Daughter Special

Mother — \$45

Each Daughter (17 & under) — \$35

(Registrations must be returned together—in one envelope.)

Agas 12-17 must attend with a parent or legal guardian.

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Date of Birth _____
E-mail Address _____
New Member _____ Renewal _____
WITO Membership Number _____
Emergency Contact _____
Emergency Contact Phone _____

Please choose five (5) classes and three (3) alternates.

#1 _____	#2 _____
#3 _____	#4 _____
#5 _____	Alternate _____
Alternate _____	Alternate _____

Women in the Outdoors T-shirts can be ordered with your registration fee. T-shirts are \$10 each. T-shirts will not be available at the event, please indicate size you want. Deadline for ordering is July 3.

___ Small ___ Medium ___ Large
___ XL ___ XXL ___ XXXL

Participate with: _____
(optional) Friend's Name

- \$ _____ Registration Fee
\$45 (early bird, postmarked by July 3)
\$50 (postmarked after July 3)
 - **Mother/Daughter Special**
\$ _____ \$45 Mother _____
\$ _____ \$35 Daughter (#1) _____
\$ _____ \$35 Daughter (#2) _____
 - \$ _____ WITO T-shirt (\$10)
 - \$ _____ I can't attend, but want to renew my membership (\$25)
 - \$ _____ TOTAL
 - Charge my credit card number _____
- Circle one: Visa M/C Discover AMEX
3-digits on back of card _____ Exp. Date: _____
Signature: _____